**Saturday, April 26, 2014**

**at Dunham Park**

**8:30 am: T-shirt & Number pick-up.**

**9 am: 3 mile run or walk**

**Rain or shine!**

This is a 3 mile run and/or walk with water stops.

All LCSparents and siblings welcome

... and teachers, too!

**$7 for each child and $9 for each adult.**

Please register by **April 10, 2014** by submitting the information on the attached form, a signed waiver, and your check made payable to the LCS PTO in an envelope marked **LCS Family Fun Walk & Run**. No cash please.

Any questions, please contact Jenniffer Viggiano at [jv2375@gmail.com](mailto:jv2375@gmail.com).

**LCS 3 Mile Fun Run and Walk Registration Form**

**Saturday, April 26th**

**Please register by Thursday, April 10th**

**LAST Name**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Home Phone**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Cell Phone**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Email** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Participants**:

**Name** **Age/Grade** T**-shirt Size (Youth S, M or L;**

**Adult S, M, L or XL)**

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**$7 for each child; $9 for each adult**

**Total $ for all participants in your family:** \_\_\_\_\_\_\_\_\_

**Release and waiver (Please Read and sign)**

I know that running is a potentially hazardous activity. I should not enter and run unless I and all of those listed above, are medically stable and properly trained. I, along with the above listed, also assume any other risks associated with running this event including, but not limited to, falls, contact with other participants, and the effects of weather and conditions. Knowing these facts and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might sue on my behalf covenant not to sue, and waive, release, and discharge the sponsors or contributors to this event, any race officials, volunteers, the city and police agencies, their representatives successors or assignees from any and all claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participation. The release form and waiver extends to all claims of every kind or nature whatsoever, foreseen and unforeseen, known and unknown. Minors will be accepted with a parent’s signature.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature Date

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Printed Name